

Extra Mile Challenges

Payments to Charities 16-Year Summary



Charity	Total 16 Years to 2018
Acorns Children's Hospice	3,298
Action4Youth	3,000
Action for Kids	6,007
Addenbrooke's	4,710
Age UK	1,913
Air Ambulance	651
Air Training Corps	769
Alzheimers Society (incl Beds & Luton Branch)	36,163
Amnesty International	946
Anthony Nolan Bone Marrow Trust	3,078
Aphasia Trust	338
ARK Charity	7,415
Aspire	1,605
Aspley Guise & Woburn Sands Scouts	5,020
Aspley Guise Lower School Parent/Teacher Assoc.	500
Association of Young People with ME (AYME)	20,191
Asthma UK	750
Autism Bedfordshire (incl Progress Ability)	4,565
Bangsang Hospital Appeal	1,196
Battersea Cats & Dogs Home	360
Bedford & District Cerebral Palsy Society	2,422
Bedford Concern for the Homeless & Rootless (BeCHaR)	3,745
Bedford Daycare Hospice/Centre	1,672
Bedford Food Bank	557
Bedford Guild House	3,574
Bedford Hospitals Charity incl various Primrose appeals	38,715
Bedfordshire & Luton MIND	11,487
Bedfordshire Opportunities for Learning	582
Bedfordshire Rural Communities Charity	11,356
Beds & Northants Multiple Sclerosis Therapy Centre	8,023
Bedford MS Therapy Centre	692
Bedford Samaritans	916
Bedford School Foundation	656
Bedford Sports Foundation	9,608
Beds Bucks & Oxon Wildlife Trust	269
BEN	298
Ben Showell Memorial Fund	743
Birmingham & Solihull Women's Aid	1,415
Birmingham Children's Hospital	1,604
Bletchley Park	1,208
Bliss	525
Bloodwise	1,752

Blue Marine	420
Blue Smile	536
BOAZ Trust	1,271
Brain Tumor Charity	556
Brainwave	225
Breakthrough Breast Cancer	3,780
Breast Cancer Care	3,192
British Heart Foundation	19,767
British Liver Trust	285
British Lung Foundation	556
Bucks Boys Club	1,000
Bucks Oxon & Berks Air Ambulance	10,347
Calvert Trust	1,021
CAMHS - E London NHS Foundation Trust	1,694
Camphill MK Communities	10,163
Cancer Active	2,530
Cancer Backup	550
Cancer Relief	281
Cancer Research UK	39,805
Canine Partners	785
Carers in Bedfordshire	16,109
Carers MK	1,644
Carey Baptist Church	1,380
Caudwell Children	1,117
Ceoliacs Society	689
CHASE Children's Hospice	6,689
Chelsea's Angels	375
Child Bereavement	993
Chilterns MS Trust	873
CHIPS East Herts	926
Christchurch PCC	875
CHUMS	5,698
CLIC Sargent	7,388
Climb	975
Climb Your Mountain	366
Climbers against Cancer	1,501
Combat Stress	471
Conquest Centre for Disabled Riding	516
Coram Life Education	606
Countec	545
Cransley Hospice	760
CRASH	3,681
CRY (Care & Relief for Young People)	1,153
Cyclists Fighting Cancer	2,322
Cynthia Spencer Hospice	2,880
Cystic Fibrosis Trust	4,011
Deafblind UK	498
Deafness Research	676
DebRA	8,968
Dementia UK	998

Diabetes UK	2,848
Dogs for Good	2,797
Dogs for the Disabled	2,205
Dorset & Somerset Air Ambulance	707
Down's Syndrome (incl Down's Syndrome Educational Trust)	1,456
Dreamflight	15,005
Duchenne UK	701
Duke of Edinburgh Award	938
East Anglian Air Ambulance	15,598
Edinburgh Dog & Cat Home	1,374
Edith's Home	510
Elisabeth Curtis Centre	9,814
Emmaus Village	6,874
Epilepsy Action	588
Errwood Road Ladies Bowling Club	400
Everyman Charity	1,032
ExtraCare Charitable Trust	333
Fairfields School Foundation	1,952
Families First Bedfordshire	1,075
Florence Nightingale Hospice	3,749
Footprints Foundation	2,576
FORCE	1,000
Foundation for the Study of Infant Deaths	403
Free Wheelers	848
Friends of Amwell View	771
Friends of the Bereavement Service	500
Friends of the Children of Orissa	1,806
Friends of the Elderly	469
Friends of the Phoenix Centre	452
Gamma Camera Appeal	922
Get Kids Going	868
Glaucoma Society	225
Grange School Fund	1,409
Great Ormond Street Hospital for Kids	5,030
Guide Dogs for the Blind	367
Habitats for Humanity	2,638
Harvest India UK	875
Headway	445
Hearing Dogs for the Deaf	1,709
Help for Heroes	15,099
Help our Wounded Royal Marines	507
Help the Hospices	1,877
Hemihelp	2,124
Herts Multiple Sclerosis Treatment Centre	2,572
Hinchinbrooke Health Care Trust	682
Hope & Homes for Children	747
Hospice at Home Bedford	1,515
Hounds for Heroes	1,849
Hummingbird Centre	13,826
Huntingdon's Disease Association	1,546

Hunts Community Cancer Network	1,758
Husborne Crawley Lower School PTFA	350
Inter-Action MK	14,805
Into the Community - MK Food Bank	8,086
Jonathan Conville Memorial Trust	938
Jo's Trust	403
June Hancock Mesothelioma Research Fund	1,614
Keech Hospice Care	50,741
Kidney Research UK	822
Kid's Company	4,857
Kids Out	1,065
Kings College Hospital Intensive Care Fund	516
Leonard Cheshire Disability	2,042
Letchworth Garden City Hospice	863
Leukaemia & Lymphoma Research	2,589
Leukaemia Busters	500
Llanberis Mountain Rescue	1,963
Lullaby Trust	1,238
Luton Accommodation and Move on Project	1,134
Luton & Dunstable Hospital Special Care Baby Unit	1,215
MacIntyre Care	8,375
MacMillan Cancer Support/ Care	37,466
Make A Special Kid Smile (MASKS)	1,000
Making Waves for Alex	1,046
Marie Curie Cancer Care	7,273
Marlins Special Needs Swimming Club	500
Medecines Sans Frontieres	917
Medical Detection Dogs	19,443
Mencap	450
Meningitis Research Association	435
Mental Health Foundation	918
Mental Health Research UK	1,070
Mercy Ships	7,415
Micro & Anophthalmic Children's Society	993
Milton Keynes M S Therapy Centre	8,968
Milton Keynes Womens Aid	269
Milton Keynes YMCA	16,911
MIND	8,883
MK Carers	811
MK Community Cardiac Group	9,861
MK Community Foundation	22,734
MK Dons SET	14,922
MK Reader Service	2,169
MKGU Rotary Charitable Trust	68,889
MK SNAP	34,438
MK Springers	941
MK Women & Work	250
MK Young Carers	11,262
Motor Neurone Disease Association	16,843
Multiple Sclerosis Society	9,797

National Association for Colitis & Crohn's Disease	596
National Autistic Society	3,252
National Brain Appeal	1,869
National Kidney Foundation	578
Nepal Emergency Committee	956
N Herts Hospice Care Association	959
Noah's Ark Trust	727
Northamptonshire Air Ambulance	583
Northamptonshire Community Foundation	1,159
Northants Animals Needing Nurturing & Adopting (NANNA)	468
NSPCC	1,656
Ogogoro School Uganda	1,590
Oncology Research & Education Fund	5,741
Open Door MK	8,536
ORH Charitable Funds (Little Peoples Big Challenge)	1,353
OSCAR	7,415
Ovarian Cancer Action	692
PACE Centre	1,553
PAFORS	1,371
Pancreatic Cancer UK	5,191
Papworth Hospital Trust	1,158
Parents Staff Association	500
Parkinsons Disease Society	1,613
Parkinson's UK	3,167
Peace Hospice	516
Peak District Mountain Rescue Organisation	800
Pepper Foundation	353
Pets as Therapy	550
Phyllis Tuckwell Hospice	1,224
Pituitary Foundation	7,500
Play Alloa	1,022
Poole Hospital Wish List	562
Primrose Hospice	801
Princes Trust	1,196
Project Girl Code	1,056
Prostate Cancer Charity	39,050
PSP Association	2,605
Puzzle Centre Trust Ltd	5,718
QEHB Charities (Prof James Uro-Oncology Res Fund)	2,032
Reach Out	983
Re-Cycle Bikes for Africa	2,328
Red R	300
Relate	7,094
Ride High	3,692
Ridgeway School	21,779
RNLI	10,911
Road Victims Trust	11,953
Romanian Challenge Appeal	8,968
Rotary Club of Bedford Park Trust	69,545
Rotary Club of Northampton Beckett	1,064

Rotary Club of St Neots St Mary's Charity Fund	2,629
Royal British Legion	643
Royal Brompton & Harefield Charitable Trust	836
Royal Marsden Hospital (incl Cancer Charity)	11,868
Ruskin Mill Education Trust incl Freeman College, Sheffield	1,018
SAFAD	11,708
Samantha Dickson Brain Tumour Trust	1,446
Samaratans (Bedford)	2,163
Save The Children	2,593
School Readers	1,623
Sebastian Coe Foundation	450
Service Dogs UK	570
Sheffield Royal Society for the Blind	486
Sickle Cell Society	1,997
Sight Concern	1,396
Silver Star Society	2,473
Smiley Club	956
Spinal Injuries Association	1,386
Sports Aid	700
Sport Relief	25
Sports Leaders UK	18,931
Spurgeon's Child Care	7,044
SSAFA	11,341
Stevenage Foundation	360
Stevenage Haven	2,763
St Francis Children's Society	3,710
St James Place Foundation	800
St John Ambulance (Bucks & M. Keynes)	15,571
St Johns Special School Assoc	1,851
St Joseph's Hospice Association	801
St Margaret's Hospice, Yeovil	559
Stop the Traffik	984
Stroke Association incl Stroke Awareness	8,365
Sue Ryder Foundation (incl St John's Hospice, Moggerhanger)	50,009
Sustrans	338
SWOP	577
Tag Rugby Trust	2,230
Target Ovarian Cancer	1,413
Tavistock Trust for Aphasia	2,818
Team Verrico	3,798
Teenage Cancer Trust	7,491
Thames Valley & Chiltern Air Ambulance	1,646
Theatre Royal Stratford East	3,344
Tommy Hollis Children's Fund	1,694
Transaid	1,280
Trussell Trust	486
Trust for Sick Children in Wales	461
U F M Worldwide (ARCA Brazilian Street Children)	17,145
Urology Foundation	1,741
Variety Club of Great Britain	618

Victim Support	6,092
Village Challenge	535
Wales Air Ambulance	277
Warwickshire Air Ambulance	4,001
Water Aid	570
Wheelpower	8,000
Wide Horizons	544
Willen Hospice	134,978
Willow Foundation	1,959
Wooden Spoon	510
WorkAid	1,460
Worktree	2,327
World Horse Welfare	953
YMCA Bedfordshire	1,275
Young Enterprise	943
Youth in Need	550
Youth Sport Trust	932
Youth Information Service	7,011
Total to 310 Charities	1,573,426