

## Dijon & Beaune Challenge 22 - 26 September 2022

			Elevations ft	Cycle Miles
Day 1	Friday	Dijon Loop	10,838	173.7
Day 2	Saturday	Dijon to Beaune	9,699	173.6
Day 3	Sunday	Beaune Loop	11,138	163.0
<b>Total</b>			<b>31,675</b>	<b>510.3</b>

### Important notes

**Maps** - It is recommended that you highlight the route on Michelin France Tourist and Motoring Atlas 1:200,000 / 3.16 miles to 1 inch A3 size (394 x 290 mm). Page references are to the 2018 edition. Any recent 1:200,000 edition will be fine. I Googled for latest edition and believe may be no longer produced. Needing a clean version, the latest I could buy was 2018 edition - at least only £4.49 each incl p&p from Amazon.

### Fitness to ride

Before collecting cycle numbers and being allowed to start, all cyclists will be required to sign a fitness to ride, insurance and indemnity document (details to be provided in an official bulletin)

**Distribution of final information packs and goody bags** - we will make these available for collection in the Bedford/Milton Keynes area from Sunday 18 September (providing all fitness to ride documents are handed in). For teams unable to collect these in advance, they will be available in the reception at Holiday Inn, Dijon on the Thursday evening before dinner - it is not critical to receive this in advance of the Thursday evening. It will include 3 team number plates for vehicle - these must be affixed carefully on a flat (clean) surface on each side plus rear (away from rear wiper!).

### Start procedures

You must make yourself aware of the start procedures set out in full at the foot of the Route to Dijon notes. Day 1 start is from Holiday Inn, Dijon car park. From Friday to Sunday Breakfasts are available from 06.00 in both hotels.

### Emergency Telephone Numbers

The main emergency number in France is 112

Other useful numbers - we strongly recommend that you store on all cyclists and the car mobiles

Preston Ayres	Chief Marshal	0044 7889 055599
Mike Rhodes	Deputy Chief Marshal	0044 7528 449447
Nigel Brookes	Medic	0044 7500 186865

### Organisers

This event has been organised and marshalled by members and friends of the Rotary clubs of Bedford Park and Milton Keynes Grand Union. Both clubs work for their communities and meet in their own towns each Thursday. Why not keep in touch with Extra Mile throughout the year by paying a visit to your local Rotary club? To find out more about the clubs, their community activities and guest speaker programmes, Google their websites. Alternatively, contact Rob Oakley (Bedford Park) 07721 336329 or Preston Ayres (Milton Keynes Grand Union) 07789 055599 for information or to book a visit.

### Routes on [www.ridewithgps.com](http://www.ridewithgps.com)

The following links show three days' cycle routes and suggested drive routes for Thursday and Monday.

Thursday		<a href="https://ridewithgps.com/routes/40252949">https://ridewithgps.com/routes/40252949</a>	DRIVE - Tunnel to Holiday Inn, Dijon
Friday	Day 1 cycle	<a href="https://ridewithgps.com/routes/39502107">https://ridewithgps.com/routes/39502107</a>	CYCLE - Dijon Loop
Saturday	Day 2 cycle	<a href="https://ridewithgps.com/routes/39513613">https://ridewithgps.com/routes/39513613</a>	CYCLE - Dijon to Beaune
Sunday	Day 3 cycle	<a href="https://ridewithgps.com/routes/39524563">https://ridewithgps.com/routes/39524563</a>	CYCLE - Beaune Loop
Monday		<a href="https://ridewithgps.com/routes/40749300">https://ridewithgps.com/routes/40749300</a>	DRIVE - Beaune to Channel Tunnel

The above maps make the job of transferring the route onto a Michelin map so much easier. They also show gradients and elevations

For those using Garmins, the routes can be downloaded from these links

### French Legislation - Speed limits & Crit'Air

Refer to our Bulletins and Google. The maximum speed limit has been reduced from 90 kph to 80 kph on most "National" "two way" roads in France. Various parts of France can require a clean air windscreen vignette at short notice (if air quality drops). As per our bulletins, the vignette must be obtained in advance, cost c£5.

## Important Notes to Route Instructions

**1. On receipt of these directions, it is essential to print this whole document in colour - you will need this on the challenge**

**2. Just before getting on your bike, read notes for your planned mileage.** They contain important warnings and "care" notifications and give guidance to the severity of elevations.

3. Whilst **comprehensive arrowing** is added by the marshals, the responsibility for following the correct route described here is that of the participants. **Watch guidance on route arrowing on YouTube - search "Extra Mile Route Arrowing"**  
<https://www.youtube.com/watch?v=Qsh0yFmoQIk&feature=youtu.be>

**4. Follow the road on which you are travelling unless the route guidance indicates otherwise.** At times the road you are on might go left or right, but despite no arrows would clearly be the obvious road to follow (white lines and road surface often assist you).

5. The following abbreviations and terminology mean:

Section	=	Individual reference number for each junction/instruction
TR	=	Turn Right
TL	=	Turn Left
SO	=	Straight on
O	=	Roundabout
Enter	=	Pass sign on entering town
SP	=	Signpost for direction of travel (but do not necessarily go as far as this town)
Inter	=	Mileage from previous note
Cum	=	Cumulative mileage since start of day
Lights	=	Traffic lights
T	=	T Junction at end of road (cannot go straight on)
rd junc	=	Turning off road to R or L (but feasible to go straight on)
X rds	=	Crossroads
Care	=	Care for cyclists <b>and</b> drivers (difficult junction or hazard)
GW, Stop	=	<b>Give Way or Stop</b> - yes, you must obey the road signs
RHL/LHL	=	Right Hand Lane / Left Hand Lane
DNM	=	<b>Do Not Miss</b> (probably a hidden or not obvious junction)
Not as map	=	The road we use is not on the Michelin map
!	=	<b>Warning, hazard ahead - <u>immediately</u> slow down</b> (could be dangerous junc, gravel, speed hump, anything!)

If possible, approximate direction of departure will be shown on an **advance** arrow before the O.

**At O we arrow only the exit road from the O. Thus continue round until arrowed off the O**

**Colour coding - Danger in red, climbs shown blue, down shown green**

**Road numbers** - Are shown on sign posts and kilometre stones and change when crossing "Departement" borders.

**Daily cycle finish times** - these are shown at the top of each page. **You must finish cycling by that time.** To assist teams to achieve this finish time, these directions provide guidance at interim positions required from 14.00 each day. We will remove arrows based on these interim timings. **If you are at risk of falling behind this schedule, the whole team should drive forward for a while to get ahead of this schedule.**

**Gradient of climb** - an indication is given for each climb.

**Disclaimer** In providing these notes and any other guidance/information the organising individuals, marshals, Rotary clubs and Extra Mile Challenges do not accept any liability whatsoever in the event of accident or injury arising during the course of the event or at any other time. It is the responsibility of each individual cyclist and driver to comply with all legal requirements and to exercise all requisite prudence and care for their own and others' safety at all times.

**Drivers** - always give cyclists a wide berth. **If the road is narrow, be patient and pass cyclists only when it is safe to do so.**  
**Cyclists** - wave team cars through when possible, particularly on a long stretch of narrow road.

**Calais to Dijon (350 miles) Approx driving time (without traffic/stops) 5hrs 45mins**

**\*\*\* MANDATORY CYCLE START PROCEDURE - See below \*\*\***

	Inter	Cum		
Section	Miles	Miles	Road	Instructions & Signposts
1				Your satnav destination today is Holiday Inn, Parc De La Toison D'Or, 1 Place Marie De Bourgogne, Dijon 21000. Using satnav may assist in finding the fastest route. As you approach Dijon on A31, the route below exits at J5 and takes D974 (shortest) but it may be quicker to continue on A31 to J4 and follow satnav via D700 and N274 (north).
2	0.0	0.0		Exit train, <u>set trip to zero at top of ramp</u> & exit station area, follow SP to A26
3	1.2	1.2	A16	Keep R SP A26, Calais par A16, Paris. Mileage here dependent on platform exit Stay on A16 through J 43-46 incl
4	3.8	5.0	A26	DNM Keep R & exit A16 SP St Omer, Arras, Reims, Paris
5	20.1	25.1	A26	Péage - take ticket
	38.2	63.3	A26	Fleeting view of Canadian Memorial between trees on Left
	6.8	70.1	A26	Keep L SP Cambrai (ignore A1)
	17.1	87.2	A26	Keep L SP Lyon (ignore A2)
	22.4	109.6	A26	Keep L SP Metz-Nancy (ignore A29)
6	53.0	162.6	A26	Péage €24.20
7	5.3	167.9	A4	Keep L SP Lyon, Metz-Nancy (ignore A4 Paris)
8	0.6	168.5	A4	Péage - take ticket
9	7.1	175.6	A4	Keep L SP Lyon (ignore A34)
10	14.3	189.9	A26	Keep R SP Lyon
11	50.8	240.7	A26	Radar 130/110
12	9.2	249.9	A5	Keep L SP Mulhouse
13	23.2	273.1	A5	Radar 130/110
14	34.1	307.2	A31	Keep L SP Lyon-Dijon
15	19.6	326.8	A31	Radar 130/110
16	7.8	334.6		If using D974, take slip road R at J5 SP Selongy
17	0.4	335.0		Péage \$26.00
18	0.2	335.2	D974	TL @ T SP Dijon
19	1.7	336.9	D974	3rd exit @ O SP Dijon 25
20	0.6	337.5	D974	Radar 90
21	8.9	346.4	D974	2nd exit @ O SP Dijon
22	1.6	348.0	D974	2nd exit @ O SP Dijon
23	1.1	349.1	M974	3rd exit @ O SP Dijon
24	0.5	349.6		3rd exit @ O SP Dijon Centre (if used A31 to J4, probably slip road to this junction, Dijon Centre may be 4th exit)
25	0.4	350.0		LHL TL @ X rds @ Lights SP Centre Cial Regional
26	0.1	350.1		Follow rd to R & across tram line SP Livraisons B
27	0.1	350.2		TL @ T SP Zenith
28	0.0	350.2		In 50 yds TL SP Holiday Inn Entrée, through barrier & ! cycle track and across rail line BUT Fill up with fuel this (and every) evening
<b>FUEL is nearby but a nightmare for high (over 2 metres vehicles) - Follow the correct instructions!</b>				
29		0.0		<b>LOW VEHICLES - Holiday Inn to Fuel</b>
30	0.0	0.0		Exit at barrier & TR @ T & Follow rd to R
31	0.1	0.1		TR @ rd junc & under Bienview & keep L to Carrefour. Follow signs to service station under 2m barriers
32				<b>HIGH VEHICLES - Holiday Inn to Fuel</b>
33	0.0	0.0		Exit barrier & TR @ T & Follow rd to R
34	0.1	0.1		Over tram line & Follow rd to L
35	0.1	0.2	D974	TR @ Multiple junc @ Lights SP Toutes Directions
36	0.3	0.5		Ignore one slip rd R & 20 yds before O take slip road to R
37	0.1	0.6		Join main rd & Keep R
38	0.3	0.9		RHL TR onto slip road SP Zenith & immed TR @ Lights SP Centre Commercial Regional
39		0.9		Follow rd to Service station
40	0.4	1.3		Stop & enter Fuel
41				<b>FUEL to Holiday Inn - ALL VEHICLES</b>

42	0.0	0.0		Leave FUEL to the L, Norauto is on your R, road goes slight R, take the <b>2nd rd on R SP Centre Ville &amp; down under main road</b>
43	0.3	0.3		Follow rd to L at 1st junc after underpass but then filter R at next split of road to go R onto very main rd
44	0.2	0.5		Immed take LHL & TL @ Xrds @ Lights SP Centre Cial Regional (section 25 above)
45	0.0	0.5		Follow rd to L & TL into Holiday Inn, care cycle track crossing
46	0.1	0.6		Follow rd to R & across tram line SP Livraisons B
47	0.1	0.7		TL @ T SP Zenith
48	0.0	0.7		<b>In 50 yds TL SP Holiday Inn Entrée, through barrier &amp; ! Care cycle track and across rail line</b>

**\*\*\* MANDATORY CYCLE START PROCEDURE\*\*\***

**On safety grounds the daily start procedure will follow that applied on the continent in previous years.** This keeps the field more compact (which improves safety and friendliness) and reduces the likelihood of cyclists catching the marshal arrowing teams. Your cycle team will be allocated a start group, A, B or C (based on anticipated cycle speeds). We will endeavour to put the expected slowest teams in group A, the expected fastest teams in group C and others in group B. **You will only be allowed to start in the times allocated to the group in which your team is classified.** We may change your group for day 2 and/or day 3 and will notify you of any change at the night's briefing. Start times are shown at the head of the route notes for each day.

**Note** - The first team cyclist each day **MUST** report to the start marshal and the last cyclist each day and **also** the vehicle crew **MUST** report to the finish marshal. **This is crucial so that we know which teams are still cycling.**

Day 1 Dijon Loop 173.7 miles						
MANDATORY START TIMES Group A 7.00-7.10, Group B 7.30-7.40, Group C 8.00-8.10. MUST finish cycling by 18.30 today. From 14:00 time cut-off points are shown. MARSHALS WILL REMOVE ARROWS BASED ON THESE TIMES.						
Section	Page	Inter miles	Cum miles	Road	Narrative	Latest Time
<b>Summary of Day 1 and Key Information</b> Start (and finish): Holiday Inn, Dijon car park						
<b>Day 1 Facts</b> 173.7 miles 10,838 ft elevations 17 climbs noted totalling 25.1 miles						
Care in first 2 miles (particularly if dark) to follow arrows out of Dijon towards the countryside. To loosen up those muscles, today is a gentle start with only one climb in the first 50 miles. The sting in the tail is a couple of climbs totalling over 5 miles towards the end of the day - keep a rider fresh for those! Much of today we are in woods and forests, also finding a couple of reservoirs to cycle alongside. Many miles we are on "green" picturesque roads on the Michelin map.						
1	93		0.0		Across tram line, zero trip at car park exit barrier & TL @ T	
2		0.1	0.1		2nd exit @ O SP Zenith	
3		0.1	0.2		TL @ T SP Zenith Blvd Winston Churchill	
4		0.2	0.4		<b>DNM 3rd exit @ O</b> (not the one-way street) SP Besancon & over bridge	
5		0.5	0.9		<b>! Railway crossing at an angle</b>	
6		0.1	1.0		3rd exit @ O SP Village Auto & follow rd to L	
7		0.3	1.3		1st exit @ O SP Rappel 3.5t	
8		0.2	1.5	D28	GW TR @ X rds SP Berthier Sodex 21	
9		0.9	2.4	D28	2nd exit @ O SP St Julien	
10		0.2	2.6		Enter Ruffey Les Echirey	
11		3.3	5.9		Enter St Julien	
12		0.2	6.1	D28	3rd exit @ O SP Brognon	
13		0.2	6.3	D28A	1st exit @ O SP Brognon	
14		1.2	7.5		Enter Brognon	
15		0.3	7.8	D28A	Follow rd to R SP Beire le Chatel	
16		1.0	8.8		Over A31	
17		0.8	9.6		Enter Beire le Chatel	
18		0.2	9.8		Stop TR @ T SP A31 9	
19		0.0	9.8	D112E	<b>DNM 20 yds TL @ rd junc</b> SP Tanay 6	
20		1.4	11.2	D112E	SO @ rd junc SP Tanay	
21		2.1	13.3		Enter Tanay	
22		0.1	13.4	D30B	Stop TL @ X rds SP Viéville 5	
23		0.1	13.5	D112	TL @ rd junc SP Viéville	
24		2.6	16.1		Enter Viéville	
25		0.4	16.5	D960	Stop TL @ X rds SP A31 13	
26		0.1	16.6	D112	TR @ rd junc SP Lux	
27		0.8	17.4	D112	Stop SO @ X rds SP Spoy 1.5	
28		1.1	18.5		Enter Spoy	
29		0.1	18.6	D28	GW TR @ T SP Lux 5	
30		2.9	21.5		Enter Lux & ! Over railway crossing	
31		0.3	21.8	D959	Stop TR @ rd junc SP Beze 5	
32		0.1	21.9	D28	TL @ X rds SP Véronnes 5	
33		2.8	24.7		Enter Véronnes	
34		0.7	25.4	D28	1st exit @ O SP Chazeuil 4	
35		2.3	27.7		Enter Chazeuil	
36		0.3	28.0	D27	TL @ T SP Orville 4	
37		0.2	28.2	D27F	Fork L @ Memorial SP A31 6	
38		2.5	30.7		Enter Orville	
39		0.2	30.9	D27	<b>! Stop</b> SO @ X rds SP Selongey 4	
40		0.5	31.4		Under A31	
41		0.3	31.7		Over railway crossing	
42		0.9	32.6	D3	Enter Selongey	
43		0.2	32.8	D3	Follow rd to L SP Grancey le Chateau	
44		0.3	33.1	D27	Follow rd to R SP Centre Ville & over bridge & follow rd to L SP Groupe SEB, Garderie	
45		0.2	33.3		Follow rd to L	
46		0.2	33.5	D27	SO @ X rds SP Foncegrive	
47		1.6	35.1		Enter Foncegrive	
48		0.5	35.6	D27	Follow rd to R SP Vernois les V	
49		2.2	37.8		Enter Vernois les Vesvres & climb for 2.6, max 11% At 39.0 becomes D20	
50		3.0	40.8		Enter Chalancey	
51		0.1	40.9	D20	SO, church on R SP Vaillant	
52		0.2	41.1	D20	SO @ X rds SP Vaillant 4	
53		0.0	41.1	D20	<b>150 yds</b> Follow rd to R SP Vaillant	
54		2.2	43.3		SO @ X rds SP Auberive (over D298)	
55		0.9	44.2		<b>Down for 3.4</b>	
56		2.5	46.7		SO @ rd junc	
57		0.9	47.6		Follow rd to L & over bridge over river L'Aube	
58		1.9	49.5	D20A	GW TR @ T SP Pierrefontaines	

Day 1 Dijon Loop 173.7 miles					
59		0.2	49.7	D428	Stop TR @ T SP Langres 23
60		3.3	53.0		<b>Climb for 1.5, max 8%</b>
61		1.9	54.9	D143	TL @ rd junc SP Marac 17
62		1.2	56.1		Enter Perrogney les Fontaines
63		0.1	56.2	D6	Stop TL @ T SP Perrogney Centre
64		0.2	56.4	D143	TR @ rd junc SP Noidant le R 20
65		0.2	56.6	D287	TR @ rd junc SP SP Courcelles en M
66		0.0	56.6		<b>100 yds SO @ rd junc</b> SP Courcelles en M
67		1.6	58.2		Follow rd to L SP Courcelles en M
68		0.1	58.3		Enter Courcelles en Montagne
69		0.3	58.6	C5	TR @ T SP Vieux-Moulins 3
70	75	0.4	59.0		Over A31
71		1.2	60.2		<b>! Steep down</b> & enter Vieux Moulins
72		0.4	60.6	D286	<b>! Downhill into Stop TL @ "odd" X rds</b> SP Perrancey 2
73		0.7	61.3		<b>Climb for 0.5, max 8%</b>
74		0.3	61.6		Enter Perrancey les Vieux Moulins
75		0.1	61.7	D286	Stop TL @ T SP St Ciergues 4
76		0.4	62.1	D286	Follow rd to R SP St Ciergues
77		1.0	63.1	D286	Follow rd to L SP St Ciergues & along barrage
78		0.3	63.4		Enter St Ciergues & <b>steep climb for 0.8, max 9%</b> & café
79		0.2	63.6	D286	Follow rd to L SP St Martin les L
80		0.3	63.9	D286	<b>T Sharp R @</b> multiple junc SP St Martin les L 1.5
81		0.5	64.4		Enter St Martin les Langres & SO @ rd junc & <b>down for 1.6</b>
82		2.3	66.7		Enter Humes
83		0.3	67.0		<b>DNM TR @ rd junc</b> SP Chaumont
84		0.1	67.1	N19	<b>! Stop TR @ X rds</b> SP Vesoul
85		0.1	67.2	D262	<b>DNM TL @ rd junc</b> SP Jorquenay
86		0.5	67.7		Over railway crossing & over canal Entre Champagne et Bourgogne
87		0.3	68.0		Enter Jorquenay
88		0.1	68.1	D262	Follow rd to R SP Toutes Directions & follow rd to L SP Champigny les Langres (and keep R with canal on your R)
89		0.3	68.4	D262	Follow rd to L & exit Jorquenay & <b>climb for 0.7, max 8%</b>
90		1.0	69.4	D55	TR @ rd junc SP Champigny & over bridge
91		0.2	69.6		<b>! Down into Sharp Bends</b>
92		0.4	70.0		Enter Champigny
93		0.1	70.1	D54	Stop TL @ T SP Bannes
94		2.1	72.2	D54	Follow rd to L SP Charmes
95		0.5	72.7	D121	Enter Changey & TL @ T SP Changey
96		0.1	72.8	D121	2nd exit @ O SP Charmes
97		1.2	74.0		Enter Charmes
98		0.5	74.5	D121	SO @ X rds No SP our way & exit Charmes
99		1.7	76.2		Enter Lannes
100		1.2	77.4		Over A31
101		0.6	78.0		Enter Rolampont
102		0.3	78.3	D1	TL @ T SP Chaumont & over canal & over river & follow rd to L SP Toutes Directions
103		0.1	78.4	D254	Stop TR @ T SP Chaumont
104		0.1	78.5	D155	<b>DNM TL @ rd junc</b> SP Marac
105		0.2	78.7		Over railway crossing
106		0.2	78.9		Over D619 & <b>climb for 1.6, max 8% at start</b>
107		1.0	79.9	D155	Follow rd to R SP Faverolles
108		1.1	81.0	D256	SO @ rd junc SP Faverolles 3
109		1.5	82.5		Enter Faverolles
110		0.3	82.8	D256	Follow rd to L SP Marac 3
111		0.1	82.9	D256	Follow rd to L SP Marac & follow rd to L SP Marac & exit Faverolles
112		0.3	83.2	D256	SO @ rd junc SP Villiers s/s
113		0.5	83.7	D143	<b>! GW</b> TR @ T SP Villiers s/s
114		2.0	85.7		Enter Villiers sur Suize
115		0.1	85.8	D143	TR @ T SP Autre Directions & over river & <b>Immed</b> Follow rd to L SP Crenay
116		3.7	89.5		Enter Crenay
117		0.1	89.6	D107	Follow rd to L SP Richebourg
118		0.1	89.7	D107	SO @ rd junc SP Richebourg
119		0.1	89.8	D107	Follow rd to R SP Leffonds
120		0.1	89.9		Exit Crenay & <b>climb for 1.3. max 7%</b>
121		0.5	90.4	D107	SO @ rd junc SP Richebourg
122		2.7	93.1		Over A5
123		1.6	94.7		Enter Richebourg (SO @ X rds)
124		0.2	94.9	D10	TL @ X rds SP Arc en Barrois 10
125		5.5	100.4		Enter Arc en Barrois
126		0.3	100.7	D3	Follow rd to R SP Chateauvillain

Day 1 Dijon Loop 173.7 miles						
127		0.2	100.9	D6	<b>DNM TL @ rd junc</b> SP Giey s/Aujon	
128		4.1	105.0		Enter Giey sur Aujon	
129		0.3	105.3	D6	Stop SO @ offset X rds SP St Loup s/Aujon 3	
130		1.1	106.4	D6	SO @ X rds SP Auberville	
131		0.4	106.8		Enter St Loup sur Aujon & <b>climb for 2.5, max 8%</b>	
132		0.1	106.9	D129	<b>DNM TR @ X rds</b> SP Rouvres sur A 10	
133		0.2	107.1	D129	Follow rd to R	
134		1.6	108.7	D135	TR @ X rds SP Arbot	
135	93	3.4	112.1	D20	<b>! Stop</b> TL @ X rds SP Bay s/A 6	
136		3.5	115.6		Enter Bay sur Aube	
137		2.5	118.1	D428	GW T Sharp R @ T SP Germaines & <b>climb for 1.5, max 7% &amp; down for 0.8</b>	14.00
138		2.3	120.4		Enter Germaine & follow rd to L & R SP Colmier le H & <b>climb for 1.4, max 9%</b>	
139		3.5	123.9		Enter Colmier le Haut	
140		0.1	124.0	D118	<b>DNM T Sharp L @ rd junc</b> SP Villars Santenoge	14.30
141		2.6	126.6	D118B	TL @ T SP Santenoge	
142		0.8	127.4	D118	GW TL @ T SP Grancey le Ch	
143		0.3	127.7		Enter Santenoge	
144		0.1	127.8	D118	TR @ rd junc SP Grancey le Ch	
145		0.0	127.8	D118	<b>100 yds</b> Follow rd to R SP Grancey le CH 10	
146		2.1	129.9	D118	Follow rd to R SP Poinson les G	
147		0.3	130.2		Enter Poinson les Grancey & <b>climb for 0.7, max 7%</b>	
148		0.1	130.3	D118	Follow rd to R SP Grancey le H	15.00
149		0.7	131.0	D118	SO @ rd junc SP Grancey le Ch, Le Gare	
150		0.4	131.4		<b>! Down quite steep for 0.5</b>	
151		1.1	132.5	D959	Stop TR @ X rds SP Beneuvre 3	
152		1.2	133.7		Enter Beneuvre	
153		0.1	133.8	D112	<b>DNM TL @ rd junc</b> SP Minot 6	
154		0.0	133.8	D112	<b>100 yds</b> Follow rd to L No SP our way & <b>climb for 1.0, max 6%</b>	
155		2.4	136.2		<b>Climb for 0.9, max 7%</b>	15.30
156		1.3	137.5		Enter Minot	
157		0.3	137.8	D112	SO @ rd junc SP Echelot 8 & <b>climb for 0.4</b>	
158		0.5	138.3	D101E	SO @ rd junc SP Echelot 7	
159		1.0	139.3	D101E	Stop SO @ X rds (over D996) SP Echelot 5	
160		0.1	139.4		<b>Climb for 1.5, max 7%</b>	
161	92	2.7	142.1		Enter Echelot	16.00
162		0.3	142.4		Church on L TL @ X rds Rue Neuve No SP our way	
163		0.0	142.4	D19	<b>100 yds</b> SO @ X rds SP Poiseul la G 5 & <b>climb for 1.0, max 8%</b>	
164		0.4	142.8		Follow rd to R SP Net Acces eoliennes 7 + 8	
165		2.8	145.6	D19C	Just before Poiseul la Grange, T Sharp L SP Léry	
166		1.6	147.2	D101	Follow rd to R SP Léry	
167		0.8	148.0	D101	Enter Léry & TL @ T SP Salives	16.30
168		0.5	148.5	D101	SO @ rd junc SP Moley & exit Léry	
169		0.7	149.2	D101	GW TR @ T SP Moley 8	
170	93	2.1	151.3	D901	GW TL @ T SP Frenois 1	
171		0.5	151.8		Enter Frenois	
172		2.3	154.1		Enter Moley	
173		0.1	154.2	D996	TR @ rd junc SP Vernot 9 & over bridge	
174		0.1	154.3	D996	Follow rd to L SP Messigny 23 & <b>immed TR @ rd junc</b> SP Vernot & <b>climb for 2.4, max 7%</b> with few changeover parking spaces, 3xP @156.3	17.00
175		3.1	157.4		<b>Down for 2.2</b>	
176		2.5	159.9	D996	Follow rd to R SP Saussy 5 & <b>long climb for 3.4, spike at 9%, otherwise max 7%</b> P x many picnic area @161.0, P x many @ 162.2 (on bend)	17.30
177		3.3	163.2		Enter Saussy	
178		5.4	168.6		Enter Mesigny et Vantoux	18.00
179		0.2	168.8	D996	Stop TL @ T SP Dijon 10	
180		0.2	169.0	D996	Follow rd to R SP Dijon 10	
181		1.5	170.5	D107A	SO @ rd junc SP Ahuy 2 (leave D996)	
182		1.0	171.5		Enter Ahuy	
183		0.1	171.6	M107A	2nd exit @ O SP Fontaine	
184		0.2	171.8	M107A	SO @ rd junc SP Fontaine les D 3.5	
185		0.7	172.5	M107A	Under N274 & 2nd exit @ O SP Dijon	
186		0.2	172.7		4th (poss 3rd?) exit @ O Rue des Grandes Varennes	
187		0.4	173.1		3rd exit @ O SP Toutes Directions	
188		0.2	173.3		TR @ rd junc SP Toutes Directions	
189		0.1	173.4		SO @ X rds @ Lights SP Centre Cial-Livraisons	
190		0.1	173.5		Follow rd to R SP Livraisons B & over tram lines	
191		0.2	173.7		TL @ T SP Zenith	
192		0.0	173.7		<b>50 yds TL into Holiday Inn, thru barrier and care cyclists/tram line. Vehicle and cyclist report to marshals.</b>	18.30

<b>Day 1 Dijon Loop 173.7 miles</b>					
193					<b>DO NOT FORGET TO REFUEL YOUR VEHICLE BEFORE DINNER</b>
194					Directions for fuel on previous Route to Dijon page
<b>Tonight, Friday, we all eat at Holiday Inn, Dijon. DINNER IS SERVED AT 19:45, followed by mandatory briefing.</b>					
<b>Saturday morning Start is at Holiday Inn car park. Group times as Friday but at the after dinner briefing be alert to any potential change to your start group!</b>					



Day 2 Cycle - Holiday Inn, Dijon to Novotel, Beaune 173.6 miles

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Section	Page	Inter miles	Cum miles	Road	Narrative	Latest Time
<b>Day 2 Facts</b> 173.6 miles 9,699 ft elevations 10 climbs noted totalling 22.7 miles						
Today is in three distinct parts. The 1st quarter and last quarter are in flat terrain where we cross picturesque rivers on many occasions. There is open countryside, much of it farmed, and let's hope the wind is light today. The middle part (from mile 40 to mile 110) contains all the hills which is hardly surprising as we are in the French Jura and only about 30 miles from the Swiss border! We have only 10 climbs (although the longest is 6 miles). This is a beautiful route to travel from Dijon to our new "home" for the next two nights, Beaune.						
1	93		0.0		Across tram line, zero trip at car park exit barrier & TL @ T (Note, the first 13 miles are as yesterday)	
2		0.1	0.1		2nd exit @ O SP Zenith	
3		0.1	0.2		TL @ T SP Zenith Blvd Winston Churchill	
4		0.2	0.4		<b>DNM 3rd exit @ O</b> (not the one-way street) SP Besancon & over bridge	
5		0.5	0.9		<b>! Railway crossing at an angle</b>	
6		0.1	1.0		3rd exit @ O SP Village Auto & follow rd to L	
7		0.3	1.3		1st exit @ O SP Rappel 3.5t	
8		0.2	1.5	D28	GW TR @ X rds SP Berthier Sodex 21	
9		0.9	2.4	D28	2nd exit @ O SP St Julien	
10		0.2	2.6		Enter Ruffey Les Echirey	
11		3.3	5.9		Enter St Julien	
12		0.2	6.1	D28	3rd exit @ O SP Brognon	
13		0.2	6.3	D28A	1st exit @ O SP Brognon	
14		1.2	7.5		Enter Brognon	
15		0.3	7.8	D28A	Follow rd to R SP Beire le Chatel	
16		1.0	8.8		Over A31	
17		0.8	9.6		Enter Beire le Chatel	
18		0.2	9.8		Stop TR @ T SP A31 9	
19		<b>0.0</b>	9.8	D112E	<b>DNM 20 yds TL @ rd junc</b> SP Tanay 6	
20		1.4	11.2	D112E	SO @ rd junc SP Tanay	
21		2.1	13.3		Enter Tanay	
22		<b>0.1</b>	13.4	D112E	Stop SO @ X rds SP Mirebeau s/Beze 3.5 (becomes D112)	
23		1.5	14.9	D701	Stop TR @ T SP Dijon (new by pass, not on old maps)	
24		0.8	15.7	D701	2nd exit @ O SP Vesoul (new by pass cont) nb FUEL take 3rd exit & 300 yds	
25		0.5	16.2	D25A	1st exit @ O SP Trocheres	
26		1.1	17.3		Enter Cuiserey	
27		2.1	19.4	D104	TL @ rd junc SP Marandeuil <b>! Poss gravel</b>	
28		1.5	20.9		Enter Marandeuil	
29		0.5	21.4	D104	Follow rd to R of church	
30		1.0	22.4		Enter Drambon	
31		<b>0.1</b>	22.5	D25	1st exit @ O SP Étevaux 4.5	
32		0.2	22.7		Enter Petit Triey	
33		<b>0.1</b>	22.8	D104	<b>DNM TL @ rd junc</b> SP St Leger Triey	
34		0.8	23.6		Enter Triey	
35		0.4	24.0	D104	Exit Triey & Follow rd to L SP Pontaillier 3.5	
36		1.1	25.1	D959	TR @ T SP Pontaillier s/S 1.5	
37		0.2	25.3		Enter Pontaillier s/Saone	
38		0.5	25.8	D959	Stop TR @ T SP Pesmes 14	
39		0.5	26.3	D959	2nd exit @ O SP Cléry & over river Saone	
40		0.3	26.6		Over river Saone	
41		0.5	27.1	D20	TL @ X rds SP Perrigny s/l'Ognon 2	
42		0.7	27.8		Enter Perrigny sur l'Ognon	

Day 2 Cycle - Holiday Inn, Dijon to Novotel, Beaune 173.6 miles

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Section	Page	Inter miles	Cum miles	Road	Narrative	Latest Time
43		0.5	28.3	D20	SO @ X rds SP Broye les Pesmes 6	
44		0.2	28.5	D20	Follow rd to L SP Broye les Pesmes 4.5	
45		2.7	31.2		Over river & enter Broye les Pesmes	
46		<b>0.1</b>	31.3		Follow rd to L SP Pesmes	
47		0.2	31.5	D15	<b>DNM TR @ rd junc</b> SP Pesmes 7	
48		3.2	34.7		Enter Pesmes	
49		0.8	35.5	D15	TR @ T SP Malans [Google says D475 SP Dole 25]	
50		0.3	35.8		Follow rd to L SP Gendarmerie	
51		<b>0.1</b>	35.9		Follow rd to R SP Malans [Google says D475 SP A36 19]	
52		<b>0.1</b>	36.0	D181	<b>DNM TL @ rd junc</b> SP Malans 2.5	
53		0.8	36.8		Over D475	
54		0.6	37.4		Enter Malans	
55		0.2	37.6		Follow rd to L (twice) SP Bard les Pesmes	
56		<b>0.1</b>	37.7	V5	SO @ rd junc by memorial SP Thervey 3.5	
57		<b>0.0</b>	37.7		<b>100 yds ! Care sharp R bend</b>	
58		0.3	38.0		Over river Ognon	
59		1.0	39.0		Enter Thervey	
60		0.2	39.2		Fork L at fountain Rue de la Creuse	
61		0.3	39.5	D459	TL @ T No SP	
62		0.2	39.7	D15	TR @ rd junc SP Saligney	
63	<b>110</b>	0.6	40.3		Over railway	
64		0.5	40.8		<b>Climb for 0.5, max 8%</b>	
65		0.7	41.5		Enter Saligney	
66		0.6	42.1	D12E1	Exit Saligney & TL @ rd junc SP Gendrey 4 & <b>gentle climb for 1.0, max 6%</b>	
67		1.8	43.9		<b>Climb for 1.1, max 9%</b>	
68		0.3	44.2		Enter Gendrey	
69		0.2	44.4	D12	GW SO @ odd junc SP A36 4	
70		0.3	44.7	D36	SO @ X rds SP A36 3	
71		1.5	46.2		Over A36	
72		2.6	48.8		Under railway	
73		<b>0.1</b>	48.9	D31	2nd exit @ O SP Rans 0.6	
74		0.3	49.2		Over canal & over river Doulonne	
75		0.3	49.5	D76	Enter Rans & TL @ T SP Fraisans 3	
76		1.4	50.9		Enter Fraisans	
77		0.4	51.3	D73	Stop TR @ X rds SP Courtefontaine 4.5	
78		2.6	53.9		Enter Courtefontaine	
79		0.9	54.8	D101	D73 becomes D101	
80		0.4	55.2		Enter Villars St Georges	
81		0.4	55.6	D400	GW TL @ T SP Osselle	
82		0.8	56.4	D400	Follow rd to R SP Osselle	
83		0.6	57.0	D13	Stop TR @ T SP Byans s/Doubs 1.5 & <b>climb for 2.5, max 10%</b>	
84		0.5	57.5		Enter Byans s/Doubs	
85		0.2	57.7		Over railway crossing	
86		0.4	58.1		Follow rd to L No SP	
87		1.2	59.3		Enter Abbans-Dessus	
88		<b>0.1</b>	59.4		<b>Down for 1.5</b>	
89		1.2	60.6		Enter Chouzelot	
90		0.3	60.9	D17	GW TR @ T SP Quingey	

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Section	Page	Inter miles	Cum miles	Road	Narrative	Latest Time
91		0.1	61.0		Enter Quingey	
92		0.2	61.2		TL @ T SP Lons le Sainier 61 & over river La Loue	
93		0.2	61.4	D101	DNM TL @ rd junc SP Courcelles	
94		0.4	61.8		Exit Quingey & climb for 2.4, max 10%	
95		0.5	62.3		Over N83	
96	111	3.7	66.0		Enter Courcelles les Quingey	
97		0.1	66.1	D101	1st exit @ O SP Rurey	
98		1.7	67.8	D135	Take 2nd L @ rd junc SP Lizine	
99		1.4	69.2		Over river Le Lison & steep climb for 2.7, max 10%	
100		1.4	70.6		Enter Lizine	
101		0.2	70.8	D103	TR @ T SP Eternoz	
102		1.1	71.9		Down for 1.6	
103		0.7	72.6		Enter Doulaize	
104		0.1	72.7	D15	TL @ T SP Refranche 3.5	
105		0.9	73.6		Gentle climb for 3.0, max 5%	
106		1.3	74.9		Enter Coulans s/Lizon	
107		1.3	76.2		Enter Eternoz	
108		0.3	76.5	D15	Stop SO @ rd junc SP Bolandoz	
109		0.2	76.7	D103E	DNM TR @ rd junc SP Nans s/s Ste Anne	
110		0.5	77.2	D492	Stop TR @ X rds SP Nans s/s Ste Anne & down for 2.6	
111		2.5	79.7		Enter Nans s/s Ste Anne	
112		0.1	79.8	D492	Follow rd to R & climb for 2.5, max 9%	
113	110	3.2	83.0	D492	Follow rd to R No SP	
114		0.6	83.6		Down for 4.1	
115		1.1	84.7		SO @ rd junc SP Salins les Bains 6	
116		1.2	85.9	D492	Follow rd to L SP Salins les B 4	
117		1.1	87.0		Enter Salins les Bains	
118		0.7	87.7	D492	1st exit @ O SP Toutes Directions	
119		0.1	87.8	D472	TL @ T @ Lights SP Centre Ville 0.8	
120		1.5	89.3	D467	TR @ X rds SP Champagnole 23	
121		0.3	89.6		FUEL	
122		0.5	90.1		Enter Bracon & climb for 6.0, max 9% not too many changeover points	
123		3.3	93.4		Enter Pont d'Héry	
124		1.3	94.7	D23	TR @ rd junc SP Valempouliers	
125		3.0	97.7		Enter Valempouliers	
126		0.2	97.9	D23	SO @ X rds SP Montrond	
127		0.2	98.1	D23	Follow rd to R at church No SP	
128		2.3	100.4		Enter Montrond	
129		0.1	100.5	C1	! Busy/odd junc Stop TR & immed TL SP Besain	
130		0.2	100.7		DNM TL @ concrete balls No SP Arboretum de la Crillette	
131		0.2	100.9	D4E	TL @ rd junc SP Besain	
132		1.6	102.5	D4E	Follow rd to R No SP	
133		0.3	102.8		Enter Besain	
134		0.2	103.0	D4	TL @ X rds No SP & follow rd to Crotenay	
135		1.1	104.1		Climb for 1.0, max 9%	
136		0.1	104.2	D4	TR @ rd junc SP Picarreau 4	
137		2.1	106.3	D5	GW TR @ rd junc SP Picarreau	
138		0.3	106.6		Enter Picarreau	
139		3.3	109.9	D43	TR @ rd junc SP Passenans 9	
140		3.8	113.7		Down for 3.4, max 11%	14.00

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Section	Page	Inter miles	Cum miles	Road	Narrative	Latest Time
141		1.5	115.2		Enter Passenans	
142		0.2	115.4	D57	Stop TR @ X rds SP St Lothain	
143		0.2	115.6		Exit Passenans & T Sharp L @ rd junc Route du Clusiau	
144		0.4	116.0	D43	Stop TR @ X rds SP Sellieres	
145		0.6	116.6	D198	Under railway & TL @ rd junc SP St Lamain	
146		0.2	116.8		TR @ rd junc by memorial 7.5t	
147		0.6	117.4		Enter Montchauvier	
148		0.1	117.5	D193	Stop T2ndR No SP Rue Principal & exit Montchauvier	
149		0.7	118.2	D475	2nd exit @ O SP A39 5	
150		1.3	119.5	D468	TR off main rd SP Chaumergy	
151		0.2	119.7	D468	GW TL @ X rds SP Sellieres & under bridge & enter Sellieres	
152		0.4	120.1	D475E	GW TR @ X rds SP La Charme	
153		0.6	120.7	D33E1	<b>DNM TL @ rd junc</b> SP Le Villey 4.5	
154		0.3	121.0		Over A39	14.30
155		0.6	121.6		Enter La Ronce	
156		1.1	122.7		Enter Le Villey	
157		0.6	123.3		SO @ rd junc	
158		0.0	123.3	D33E	<b>100yds TR @ rd junc</b> SP Foulenay & follow rd to R	
159		1.5	124.8		Enter Foulenay	
160		0.5	125.3	D33	GW TR & T No SP & <b>immed</b> SO @ X rds SP Les Deux Fays	
161		0.8	126.1		Enter Les deux Fays	
162		0.6	126.7	D212	TL @ X rds SP Sergenaux 2	
163		0.8	127.5		Enter Sergenaux	15.00
164		0.4	127.9	D214	TR @ T SP Sergenon 2 & follow rd to R SP Sergenon 2	
165		1.1	129.0		Enter Sergenon	
166		0.3	129.3	D214	Follow rd to L SP Pleure 1.5	
167		0.6	129.9		Enter Pleure	
168		0.4	130.3	D9	TL @ T SP Les Essards 3.5	
169		0.3	130.6	D216	TR @ rd junc SP Chainée des C 1	
170		0.5	131.1		Enter Chainée des Coupis & exit Pleure	
171		2.1	133.2	D468	Enter Asnans & Stop TR @ X rds SP Chaussin	
172		1.0	134.2		Enter Chaussin	
173		0.1	134.3	D11	3rd exit @ O SP Longwy s/le D ( <b>FUEL in 200 yds</b> )	15.30
174		1.4	135.7		Over river Le Doubs	
175		0.2	135.9	D11E2	Fork R @ rd junc SP Longwy Centre	
176		0.2	136.1		Enter Longwy s/le Doubs	
177		0.2	136.3	D13	2nd exit @ mini O SP Petit Noir 3.5	
178		1.6	137.9		Enter Petit Noir	
179		0.4	138.3	D13	TL @ rd junc SP Pierre de B 11	
180		1.2	139.5		Over river Le Doubs	
181		0.1	139.6	D13E1	Fork R @ rd junc SP Pierre de B	
182		0.8	140.4		Enter Neublans	
183		0.4	140.8		Beautiful chateau on L (look back)	16.00
184		0.7	141.5	D118	TR @ rd junc SP Fretterans 2.5	
185		0.8	142.3		Enter Fretterans	
186		0.4	142.7	D118	Stop SO @ X rds SP Charette-V	
187	109	2.0	144.7	D203	Stop TR @ X rds SP Lays s/le Doubs & enter Lays sur le Doubs	
188		1.1	145.8		Over river Le Doubs	
189		0.2	146.0	D503	TL @ rd junc SP Longepierre 2.5	
190		1.3	147.3		Enter Longepierre	16.30
191		0.6	147.9	D503	<b>DNM TR @ rd junc</b> SP Seurre	
192		1.6	149.5	D503	TL @ rd junc SP Clux Villeneuve & enter Clux Villeneuve	
193		1.9	151.4	D503	<b>! Main rd GW SO @ X rds (over D673)</b> SP Mont les Seurre	
194		1.1	152.5		TR @ X rds No SP (note our road is not on Michelin Guide)	
195		0.8	153.3		TL @ T Rue de Méchin & <b>20 yds Stop TR @ X rds</b> No SP	
196		0.5	153.8	D12B	GW TL @ T SP Chivres	17.00
197		0.7	154.5	D12B	Over river Saone	
198		3.8	158.3	D183	TR @ X rds SP St Loup Géanges	
199		0.1	158.4		Enter Molaise	
200		1.1	159.5		Enter Palteau	
201		0.1	159.6	D171	GW TR @ X rds SP Le Bourg	17.30

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Section	Page	Inter miles	Cum miles	Road	Narrative	Latest Time
202		2.2	161.8		Enter Paruey	
203		0.3	162.1	D111K	TL @ rd junc SP Chevigny en Valiere	
204		1.3	163.4		Enter Chevigny en Valiere	
205		0.2	163.6	D111	Follow rd to R SP Meursanges 4 (hidden)	
206		2.3	165.9		Enter Meursanges	
207		0.2	166.1	D111	Stop SO @ rd junc SP Bourguignon	
208		0.2	166.3		Stop SO @ X rds No SP	
209		0.2	166.5		Stop TL @ T No SP	
210		<b>0.0</b>	166.5	D111	<b>10 yds SO @ X rds</b> (over D23) SP Bourguignon	
211		0.2	166.7		Enter Bourguignon	
212		<b>0.1</b>	166.8	D111	Follow rd to L SP Combertault 3	<b>18.00</b>
213		1.6	168.4		Enter Combertault	
214		0.5	168.9	D111P	TL @ rd junc SP Ste Marie la Blanche 2	
215		0.7	169.6		Enter Ste Marie la Blanche	
216		0.3	169.9		TR @ rd junc Rue de L'Eglise	
217		0.3	170.2		SO @ X rds No SP (over D970)	
218		<b>0.1</b>	170.3		TR @ rd junc Rue de la Vandennotte	
219		1.0	171.3		Enter Le Poil	
220		0.3	171.6		TR @ T No SP	
221		<b>0.0</b>	171.6	D113D	<b>30 yds TL @ rd junc</b> SP Montagny les Beaune 1	
222		0.6	172.2		Over A6	
223		<b>0.1</b>	172.3		Enter Montagny les Beaune	
224		<b>0.1</b>	172.4		Follow rd to R SP Beaune 4.5	
225		<b>0.1</b>	172.5	D113	1st exit @ O SP Beaune 4	
226		0.5	173.0		<b>FUEL at E Leclerc on R ! Possible height limit 3.5m</b>	
227		0.5	173.5		<b>! Busy O</b> 3rd exit @ O SP Beaune Centre	
228		<b>0.1</b>	173.6		<b>TR into Novotel car park, vehicle and cyclist report to marshals</b>	<b>18.30</b>

Novotel Beaune, 16 Rue du Moulin Noize, 21200 Beaune, France

**Saturday dinner is at 19.45 in Novotel Beaune, followed by mandatory briefing. Cycle start and finish tomorrow (Sunday) is from Novotel car park.**

Day 3 - Beaune Loop 163.0 miles

**MANDATORY START TIMES Group A 7.00-7.10, Group B 7.20-7.30, Group C 7.45-7.55. MUST finish cycling by 18.00 today. From 14:00 time cut-off points are shown. MARSHALS WILL REMOVE ARROWS BASED ON THESE TIMES.**

Section	Page	Inter Miles	Cum Miles	Road	Narrative	Latest Time
<b>Day 3 Cycle Summary &amp; Key Information, Start: Novotel Beaune, Finish: Novotel, Beaune</b>						
<b>Day 3 Facts</b> 163.0 miles 11,138 ft elevations 13 climbs noted totalling 31.2 miles						
Today is yet another different day's cycling as we head into the Morvan Hills. Assuming the weather is fine, you will have an amazing day. For planning purposes note the climbs are longer than Days 1 & 2 (average length 2.5 miles). If you cycled our 2013 Cote d'Or Challenge you might recognise that I have repeated many miles of that beautiful route. Early today we follow alongside the Canal du Centre for 10 miles. So relatively flat until mile 48 but by mile 63 we are at an altitude of 2,500ft! Between miles 75 and 105, we cycle most of the way round the Reservoir de Panneciere-Chaumard and the Lac de Settons. We haven't seen many vines but do see some as we return to Beaune. <u>Today we must all finish by 18.00 and we have brought the start time forward slightly for groups B &amp; C.</u>						
1	109	0.0	0.0		Zero trip and exit Novotel car park up new road to the R	
2		0.1	0.1		4th (last) exit @ O No SP to head back past Novotel which is now on your L	
3		0.2	0.3	D113	2nd exit @ O SP Montagny lès Beaune	
4		0.5	0.8		<b>FUEL on L at E Leclerc - beware possible height limit of 3.5m</b>	
5		0.2	1.0		Enter Montagny lès Beaune	
6		0.4	1.4	D113	TR @ mini O SP Bligny les B 2.5	
7		0.7	2.1		Follow rd to R No SP	
8		0.5	2.6		Enter Bligny les Beaune	
9		0.4	3.0	D18	TL @ T & immed follow rd to L Both SP Demigny 7	
10		0.8	3.8		Enter Tailly	
11		0.8	4.6	D18	2nd exit @ O SP Demigny	
12		1.7	6.3	D113D	TR @ rd junc SP Morteuil 0.5 & enter Morteuil	
13		0.9	7.2		TL @ rd junc off D rd SP Mimande 0.9 (effectively go SO)	
14		0.4	7.6		Enter Chaudenay	
15		0.2	7.8		Over river - <b>! narrow</b>	
16		1.1	8.9	D62	TR @ T Rue de Tigny (sign hidden)	
17		0.4	9.3	D62	Follow rd to L SP Chagny	
18		1.3	10.6		Enter Chagny & follow rd to L SP Centre Ville	
19		0.5	11.1	D62	1st exit @ O SP A6 & over D 906	
20		0.3	11.4	D62	1st exit @ O SP Rully	
21		0.2	11.6		1st exit @ O & <b>Immed TL @ rd junc (effectively SO)</b> SP Remigny & 3.5 tonne	
22		0.1	11.7		Follow rd to R down one-way system	
23		0.1	11.8		<b>DNM Turn Hairpin L SP Remigny &amp; 3.5 tonne</b>	
24		0.0	11.8		<b>60 yds TR @ T SP Remigny</b>	
25		0.1	11.9	D62	TL @ T SP Bouzeron & under bridge	
26		0.4	12.3	D62	Stop TL @ T SP Remigny	
27		0.2	12.5		Over railway	
28		0.4	12.9	D62	Enter Remigny (rd becomes D113)	
29		1.0	13.9	D974B	Stop TL @ X rds SP Montceau lès M	
30		0.3	14.2		Over canal	
31		0.8	15.0	D974	Enter Chassey le Camp	
32		0.8	15.8	D974	Enter Le Pont	
33		1.2	17.0	D974	Enter St Gilles	
34		1.0	18.0	D974	Enter Dennevy	
35		1.2	19.2	D974	Enter St Léger s/Dheune	
36	108	0.7	19.9	D978	Stop TR @ T SP Autun	
37		0.0	19.9	D974	<b>Over canal &amp; immed TL @ rd junc SP Montceau les M</b>	
38		2.5	22.4	D974	Enter St Berain s/Dheune	
39		1.6	24.0	D974	Enter Forges de Perreuil	
40		0.0	24.0	D984	<b>50 yds DNM TR @ rd junc SP Perreuil 1</b>	
41		0.1	24.1	D984	<b>! Ruf</b> Over railway crossing	
42		0.3	24.4		Enter Le Bourbier	
43		1.5	25.9	D984	Enter Essertenne	
44		0.8	26.7	D984	<b>Climb for 1.4, max 9%</b>	
45		1.9	28.6	D984	Enter Le Breuil	
46		0.1	28.7	D984	2nd exit @ O SP Le Breuil	
47		0.1	28.8	D61	<b>DNM TR @ rd junc SP St Firmin</b>	
48		0.1	28.9		Enter La Montée Noire	
49		0.1	29.0	D61	SO @ X rds @ Lights SP Marmagne	
50		2.1	31.1		Enter Les Vernizeaux	
51		0.5	31.6	D61	SO @ X rds (a squareabout) SP Marmagne	
52		0.4	32.0		Enter Le Bas de Marais	
53		2.9	34.9		Enter Marmagne	

Day 3 - Beaune Loop 163.0 miles

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Section	Page	Inter	Cum	Road	Narrative	Latest
54		0.4	35.3	D61	<b>! Poor visibility Stop</b> SO @ X rds SP Étang s/A (over D680)	
55		0.3	35.6	D61	SO @ rd junc @ Lights No SP	
56		0.6	36.2		Enter St Symphorien de Marmagne	
57		2.6	38.8		Enter Broye	
58		2.6	41.4		Enter Mesvres	
59		0.2	41.6		<b>! Ruf</b> Over railway crossing	
60		0.4	42.0	D61	Over railway crossing & follow rd to L SP Étang s/Arroux	
61		1.8	43.8		Enter Étang sur Arroux	
62		0.2	44.0	D61	2nd exit @ O SP Centre Ville	
63		0.6	44.6	D994	Stop TR @ X rds (not sharp R) SP Autun	
64		0.1	44.7		Over river Arroux	
65		0.5	45.2		Over railway	
66		0.3	45.5	D61	<b>DNM</b> TL @ X rds SP Luzy	
67		1.9	47.4	D61	GW SO @ X rds (over D681) SP St Léger s/s B 7	
68		1.0	48.4	D61	<b>Climb for 6.9. A few sections at 5-7% but in last 1.3 it hits 10/11% 3 times.</b> Changeover space available up to St Léger s/s B	
69		3.2	51.6		Enter St Léger s/s Beuvray. Café in town. Plenty of space for changeover in town, <b>very few places between town and summit.</b> Rd becomes D3	
70		0.2	51.8	D3	2nd exit @ O SP Moulins Engilbert	
71		3.6	55.4	D3	Summit, <b>now down for 1.7</b> (rd becomes D18)	
72		1.7	57.1	D18	<b>Climb for 2.2, max 9%.</b> Small space for a few vehicles at 58.0 & 58.5 & small car park at 58.6	
73	<b>107</b>	2.0	59.1	D18	Enter Le Puits <b>space for changeovers - not much space after TR onto D27 @ 59.6)</b>	
74		0.5	59.6	D27	TR @ rd junc SP Chateau-Chinon 19 <b>&amp; climb for 3.5, hits 6/7% a number of times</b> space for 2 at 61.7	
75		3.5	63.1		Summit Col de la Gravelle 766m <b>&amp; down for 6.1</b> (loose gravel on recce, s/be clear on challenge)	
76		1.0	64.1		Enter Les Buteaux	
77		5.2	69.3	D27	SO @ X rds SP Chateau-Chinon 4	
78		1.6	70.9		Enter Chateau-Chinon	
79		0.3	71.2	D978	2nd exit @ O SP Nevers <b>&amp; down for 3.0</b>	
80		0.3	71.5	D978	Follow rd to L SP Nevers	
81		0.3	71.8	D944	SO @ rd junc (off D978) SP Montsauche	
82		1.3	73.1	D37	TR @ rd junc SP Corancy 3.5	
83		1.4	74.5	D12	TL @ rd junc SP Corancy 1	
84		0.3	74.8	D12	SO @ X rds SP Chaumard 8	
85		1.0	75.8		Enter Ardilly	
86		0.4	76.2	D12	Follow rd to L SP Ouroux en M	
87		0.7	76.9	D161	TL @ rd junc SP Montigny en Morvan 9	
88		<b>0.1</b>	77.0	D161	TR @ T SP Montigny en Morvan	
89		2.7	79.7		<b>Climb for 2.0, max 10%</b>	
90		2.0	81.7	D944	GW TR @ T SP Lormes 22	
91		1.3	83.0	D303	TR @ rd junc SP Chaumard 8	
92		0.8	83.8	D303	SO @ rd junc @ Lights & over barrage	
93		0.3	84.1	D303	SO @ rd junc SP Chaumard	
94		0.8	84.9		Café by lake	
95		0.9	85.8	D301	Over bridge & TL @ T SP Ouroux en M	
96		0.5	86.3		<b>Climb for 3.3, max 11% (twice)</b>	
97		3.2	89.5		Enter Ouroux en Morvan	
98		<b>0.1</b>	89.6		Fork R @ one way system	
99		<b>0.0</b>	89.6		<b>60 yds Stop TR @ T No SP &amp; continue SO</b>	
100		0.2	89.8	D12	TL @ rd junc SP Montsauche 9 <b>&amp; down for 1.5</b>	
101		0.4	90.2		Follow rd to L & exit Ouroux	
102		1.1	91.3	D977B	GW TR @ T SP Saulieu 31 <b>&amp; climb for 2.7, max 7%</b>	
103	<b>108</b>	3.5	94.8		Enter Montsauche les Settons	
104		0.6	95.4	D37	TR @ X rds SP Chateau-Chinon 29	
105		0.2	95.6	D193	2nd exit @ O SP Chateau-Chinon 28	
106		0.5	96.1		<b>Climb for 1.0, max 7%</b>	
107		1.5	97.6	D193	TL @ rd junc SP Alligny en M 14	
108		0.2	97.8	D193	Enter Les Settons	
109		0.5	98.3	D193	2 cafés overlooking lake	
110		0.7	99.0		Enter La Faye	
111		1.0	100.0		Enter Le Cerney	

Day 3 - Beaune Loop 163.0 miles

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Section	Page	Inter	Cum	Road	Narrative	Latest
112		1.1	101.1	D501	! DNM T Sharp R @ rd junc SP Lac de Settons	
113		2.6	103.7	D290	TL @ T SP Gien s/Cure	
114		3.1	106.8		Enter Gien s/Cure	
115		0.4	107.2	D121	GW TR @ T SP Chateau-Chinon 23 & climb for 0.9, max 11%	
116		0.2	107.4	C2	DNM TL @ X rds SP Menessaire 4	
117		0.3	107.7	C2	Follow rd to L SP Autun (becomes D302)	
118		0.9	108.6		Down for 5.2	
119		3.3	111.9	D276	DNM TL @ rd junc SP Chissey en M 6	14.00
120		2.3	114.2		Down for 1.6	
121		1.6	115.8	D980	Enter Chissey en Morvan & TL @ T SP Saulieu 20	
122		0.3	116.1	D233	TR @ rd junc SP Villiers en M	
123		0.5	116.6	D233	Follow rd to L SP Villiers en Morvan 3.5	
124		0.7	117.3	D233	TR @ rd junc SP Villiers en Morvan 2.5 (rd becomes D117)	
125		1.5	118.8	D117	! SO @ X rds SP Brazey en Morvan & climb for 2.4, max 9%	14.30
126		2.2	121.0	D117	Follow rd to L SP Brazey en Morvan 0.5 & enter Brazey en Morvan	
127		0.2	121.2		! Over railway crossing	
128		0.2	121.4		Follow rd to L No SP	
129		0.1	121.5	D117	! Poor visibility SO @ X rds SP Censerey (over D15)	
130		0.8	122.3	D17	TR @ T SP Vianges 3	
131		0.1	122.4	D17	Follow rd to R SP Vianges 3	
132		0.6	123.0		Down for 0.7	15.00
133		1.0	124.0		Enter Vianges	
134		0.4	124.4	D17	SO @ X rds SP Marcheseuil 2	
135		0.3	124.7	D17	Follow rd to L SP Marcheseuil 2	
136		0.8	125.5		Over railway	
137		0.4	125.9		Enter Marcheseuil	
138		0.0	125.9	D17	SO @ X rds SP Suze 3	
139		0.8	126.7		Down for 1.1	
140		0.9	127.6		Enter Suze	
141		0.2	127.8	D17	SO @ X rds SP Blangey 4 & over bridge & climb for 1.4, max 9%	
142		1.2	129.0		Down for 1.2	15.30
143		1.2	130.2	D17	Enter Blangey	
144		2.9	133.1		Enter Arnay le Duc	
145		0.4	133.5		Follow rd to R & immed TL @ T SP A6, A38	
146		0.1	133.6		TR @ rd junc before FUEL No SP	
147		0.2	133.8	D906	GW TR @ T opposite bike sheds & exit Arnay le Duc	
148		0.5	134.3	D17	DNM TL @ rd junc SP Beaune 33 & enter Sivry	
149		1.4	135.7		Enter Sasoge	16.00
150		1.5	137.2	D14C	TR @ X rds before 70 sign SP Foissy & enter Foissy	
151		0.4	137.6		Fork R @ war memorial Rue des Forges	
152		0.2	137.8	D14	GW TR @ X rds No SP	
153		1.4	139.2		Enter Antigny la Ville	
154		0.1	139.3	D111	Fork L by water pump No SP	
155		2.4	141.7		Enter Bessey la Cour	
156		0.3	142.0	D33G	Fork R SP Écutigny	
157		0.9	142.9		Enter Écutigny & TL in front of brick wall	
158		0.1	143.0	D33	Stop TR @ T SP Saussy 2 & Follow rd to L (to Saussy)	16.30
159		1.1	144.1		Enter Saussy	
160		0.1	144.2		Follow rd to L SP N6 2.5 (hidden)	
161		0.2	144.4	D104M	TL @ rd junc by church SP Montceau et Echarnant & follow rd to L & then Fork R downhill	
162		1.2	145.6		Follow rd to L & climb for 1.0, max 6%	
163	109	1.3	146.9		Enter Montceau	
164		0.1	147.0	D17	TL @ X rds SP Lusigny s/Ouche 4.5	
165		0.2	147.2		DNM TR @ X rds (off D17) SP Mavilly-Mandelot	
166		0.0	147.2		150 yds Follow rd to L at memorial	
167		0.1	147.3		SO @ X rds No SP	
168		0.2	147.5		Down for 1.2	
169		1.2	148.7		Climb for 2.0, max 8%	
170		0.7	149.4		Follow rd to L by memorial	17.00
171		0.1	149.5		TR @ X rds No SP	
172		1.4	150.9	D23	TR @ T Follow deer sign	
173		0.2	151.1		Mostly downhill from here to finish	



Day 3 - Beaune Loop 163.0 miles

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Section	Page	Inter	Cum	Road	Narrative	Latest
174		1.1	152.2	D111	TR @ rd junc SP Mavilly-Mandelot 0.5 & enter Mavilly-Mandelot	
175		1.3	153.5	D111	Enter Meloisey	
176		1.7	155.2	D17	Stop TL @ T SP Beaune	17.30
177		2.4	157.6		Enter Pommard	
178		0.1	157.7		TR @ rd junc No SP our way	
179		0.4	158.1	D973	TR @ X rds SP Nolay	
180		0.1	158.2	D17	DNM TL @ X rds SP Bligny lès B	
181		0.5	158.7	D17	Stop SO @ X rds (over D974) SP Bligny lès B 2.5	
182		1.1	159.8		Over railway & enter Bligny lès Beaune	
183		0.3	160.1		Stop & SO	
184		0.2	160.3		Stop & TL @ T No SP	
185		0.0	160.3	D113	20 yds DNM TR @ rd junc SP Montagny lès B 2.5	
186		0.9	161.2	D113	Follow rd to L No SP	
187		0.2	161.4		Enter Montagny lès Beaune	
188		0.5	161.9	D113	TL @ mini O SP Beaune 4	
189		0.5	162.4		FUEL at E Leclerc on R ! Possible height limit 3.5m Refuel for journey home	
190		0.5	162.9		! Busy O 3rd exit @ O SP Beaune Centre	
191		0.1	163.0		TR into Novotel car park, vehicle and cyclist report to marshals	18.00
192	WELL DONE - your team has conquered the Dijon & Beaune Challenge.					
At the finish, please remove numbers from number belts and hand in to the finish marshals the four number belts and the two hi-viz jackets (all together)						
We have a very special evening tonight. We have laid on coaches to take us to the Hospices de Beaune. Times will be notified to you. Weather permitting, we have drinks and canapes in the beautiful quadrangle at the Hospices before going inside for our gala dinner prepared by a Michelin recognised Chef. We also have coaches at the close of proceedings to return us to the Novotel.						

**Route Beaune to tunnel is 380.7 miles - allow plenty of time to book in early at Eurotunnel**

	Inter	Cum		
Section	Miles	Miles	Road	Instructions & Signposts
0				Except the first mile, it is autoroute all the way to the Tunnel. Either set Garmin for Tunnel sous la Manche (Sangatte end!) or follow below instructions.
1	0.0	0.0		<b>Zero trip</b> and exit Novotel car park up new road to the R
2	<b>0.1</b>	0.1		4th (last) exit @ O No SP to head back past Novotel which is now on your L
3	0.2	0.3		3rd exit @ O Blue SP Dijon Peage & follow signs to A31 Dijon
4	0.6	0.9	A31	<b>Keep L SP Dijon A31 (</b>
5	25.7	26.6	A31	Keep L SP Vers A5 (ignore A39)
6	34.0	60.6		Radar
7	13.1	73.7	A5	Keep L SP Lille
8	49.4	123.1		Radar
9	7.7	130.8	A26	<b>Keep R SP Lille</b>
10	60.0	190.8	A4	Keep L SP Paris
11	14.5	205.3	A4	Keep L SP Paris (ignore A34)
12	7.1	212.4	A26	<b>Keep R SP Brussels (leave A4)</b>
13	0.4	212.8	A26	Péage, pay
14	6.0	218.8	A26	Péage, take ticket
15	52.7	271.5	A26	Keep L SP Calais (ignore A29)
16	21.9	293.4	A26	Keep L SP Paris (ignore A2)
17	<b>0.5</b>	293.9	A26	Keep L SP Calais (ignore A2)
18	16.3	310.2	A26	Keep L SP Arras (ignore A1)
19	13.3	323.5	A26	Keep l SP Béthune (ignore A21)
20	32.7	356.2	A26	Péage pay
21	19.6	375.8	A16	Keep L SP Boulogne, Tunnel sous la Manche and beware radar when speed limit reduces near Calais
22	4.2	380.0		<b>Exit Junc 42 SP Tunnel sous la Manche &amp; then Keep L</b>
23	0.7	380.7		Arrive at passport control

**Thank you for cycling the brilliant Dijon and Beaune Challenge which we really hope you enjoyed and have made many new friends (as well as meeting up with many "old" ones). Please collect as much sponsorship as possible and send all off-line collections to Chief Marshal Preston no later than end of November.**

**We look forward to your return for a different and equally interesting and exciting 2023 Extra Mile Challenge - put the dates in your diary NOW 21-25 September 2023. Please tell all your friends about Extra Mile and endeavour to get some of them to join us next year - surely they deserve that! Have a safe journey home.**