



**19<sup>th</sup> - 23<sup>rd</sup>  
SEPTEMBER 2024**

**500 mile sponsored cycle  
relay across 3 days!**

We're off to Val De Loire, the centre region of France. Please join us as we embark on this exciting new challenge!

Extra Mile Challenges organises everything: Channel crossings, hotels, meals (including our fabulous end-of-Challenge gala dinner) and arrowed cycle routes around the very attractive Loire Valley. Our experienced course marshals are there to keep you safe and on track.

**To enter please click here**

### **Enter in teams of 4**

Teams ride in relay on the Friday/Saturday/Sunday, mostly on quiet minor roads. Each cyclist needs to be prepared to cycle around 45 miles a day, typically in 4 or 5 stages, you can choose to cycle further if you wish. Suitable for experienced and amateur cyclists - ride at your own pace, but get back for dinner!

### **Get sponsored**

Your chosen charity gets 75% of what you raise, with the other 25% (plus gift aid) going to the organisers' charities. We only ask each cyclist to raise a minimum of £1,200 per team in sponsorship (£300 per person).

### **Have fun**

Teams return year after year to enjoy the superb camaraderie and brilliant event to engender corporate team-building. Whether supporting each other out on the road or swapping stories over dinner, you'll love the Extra Mile experience.

### **Where we're going**

We cross the channel on Thursday 19<sup>th</sup> September and drive to our hotel based in Chartres, where we stay for 2 nights. Our last 2 nights, will be in Orléans on the river Loire.

### **Day 1 - Friday 20<sup>th</sup> September**

On Friday we head West to the many forests, and a few hills, in between Alençon and Chartres. The route returns to the hotel, where dinner awaits!

### **Day 2 - Saturday 21<sup>st</sup> September**

On Saturday we cycle south towards Blois and Chambord with the intention of passing by many Chateaux during the weekend.

We plan a "scatter" dinner on Saturday at Orléans to provide an opportunity to see the sights and hostelries of the city.

### **Day 3 - Sunday 22<sup>nd</sup> September**

On Sunday we will cycle a circular tour of the Loire Valley heading in a south easterly direction towards Sancerre. We don't expect any cyclists to wine (!!)

about our great route.

Sunday evening will be our grand gala dinner celebrating another successful Extra Mile Challenge and the wonderful fundraising carried out.

## What you'll need

A support vehicle capable of carrying 4 bikes and 4 team members. A saloon or estate car with cycle racks works well. Larger vehicles may be subject to extra charge. Bikes that can go the distance. Road bikes are fastest and best, but hybrids and mountain bikes are sometimes used. We're relaxed about electrically-assisted bikes- you still have to pedal!

## To enter

£400 deposit secures a team entry (spaces are limited). The team entry fee is amazing value at just £1,980 per team (£495 per person) payable by 1 July 2024. This covers:

- Channel crossings for team members, support vehicle and cycles.
- 4 nights' hotel accommodation in twin rooms, including breakfast.
- 3 nights' dinner including the last evening celebratory Gala Dinner - you have a free night on the Saturday to arrange your own dinner in the City of Orleans.
- Route directions, arrowed junctions, course marshals, brilliant cycling on mostly empty roads.

## About Extra Mile Challenges

We are a registered charity (no. 1100243) which raises money for other charities nominated by participants in our events. We are a voluntary organisation and we distribute 100% of the team sponsorship to charity with no deduction for administration or event costs.



## Commercial supporters

We are grateful to these generous local businesses whose support keeps your entry fee low.



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GRAFTON  
motorcycles



## Organisers' charities



We are supported by The Rotary Clubs of Milton Keynes Grand Union and Bedford Park. In return they nominate the organisers' charities which receive 25% of teams' sponsorship.

## Discover more online

[extra-mile.org.uk](http://extra-mile.org.uk)

[facebook.com/extramilechallenges](https://facebook.com/extramilechallenges)



**To enter please click here**